

# MY RESPONSIBILITIES

TO DO:

## Take care OF MYSELF

- eat HEALTHY
- SHOWER Hair / Face / BODY
- TEETH FLOSS / TOOTHPASTE / MOUTHWASH
- exercise
- say MY Prayers BE THANKFUL

## Take care OF MY ROOM & HOME

- PICK UP MY THINGS / TOYS
- CLEAN UP after MYSELF / MEALS / SNACKS
- HELP WITH DINNER CHORES
- HELP WITH VACUUMING
- HELP WITH LAUNDRY / CLOTHES

DON'T FORGET:

## SCHOOL STUFF

- Take EVERYTHING TO SCHOOL
- EMPTY MY LUNCH BOX after SCHOOL
- FINISH MY HOMEWORK
- read DAILY
- JOURNAL DAILY write, color or draw